

Nroutes

Nature's route, curated for you

HIMALAYAN VILLAGE VACATION

~ DHARAMSHALA ~

A MINDFUL VACATION FOR FAMILIES



Dates: 1st – 6th May

Venue: Dharamshala, Kangra Dist. Himachal Pradesh

For registration and queries whatsapp on +91 8898956302

NROUTES BY NIMMISHA

www.nroutes.in | [@nroutes_mindfultravel_events](https://www.instagram.com/nroutes_mindfultravel_events)



About *Mindful* Vacation

Step away from the noise of daily life and immerse yourself in the simplicity and beauty of a Himalayan village. This 5-day retreat is designed for families who wish to slow down, embrace nature, and connect deeply—with themselves, their loved ones, and the environment. With carefully curated experiences, wholesome food, and meaningful interactions, this is more than a vacation—it's a journey inward.



About the *Location*

We will explore **Rakkar & Dharamkot**, two charming villages in Dharamshala, Himachal Pradesh. Surrounded by lush forests, scenic landscapes, and the wisdom of the mountains, these villages offer a perfect setting for mindful living and authentic cultural experiences..





Stay & Food

Comfortable, cozy homestays that offer an authentic village experience.

All vegetarian, locally sourced meals prepared with love and mindfulness.

Experience farm-to-table dining and home-cooked Himalayan flavours.



Retreat *Gochedule*

Day 1: Arrival & Opening Circle

- Check-in and unwind
- **Opening circle at 2:00 PM**
- **Evening activity:** (Farm visit/ art fest/ Local experience)
- **Dinner:** Freshly prepared farm local meal



Day 2: Culture & Nature

- Visit a **monastery**
- Take a **refreshing river dip**
- Creative session in a traditional **mud house**
- Visit beautiful deep mountain forest



Day 3: Exploring Upper Dharamshala

- Travel to upper Dharamshala
- Hike to **waterfall**
- Visit **Bhagsu Nag Temple & Dalai Lama Temple**
- Explore **McLeod Ganj market** and shop for local crafts
- **Dinner: Tibetan cuisine experience**



Day 4: Himalayan Foraging & Healing

- Foraging in the Himalayan forests for wild berries and mushrooms
- Fine-dining experience with **vegan food**
- **Sound Bathing & Sharing Circle**



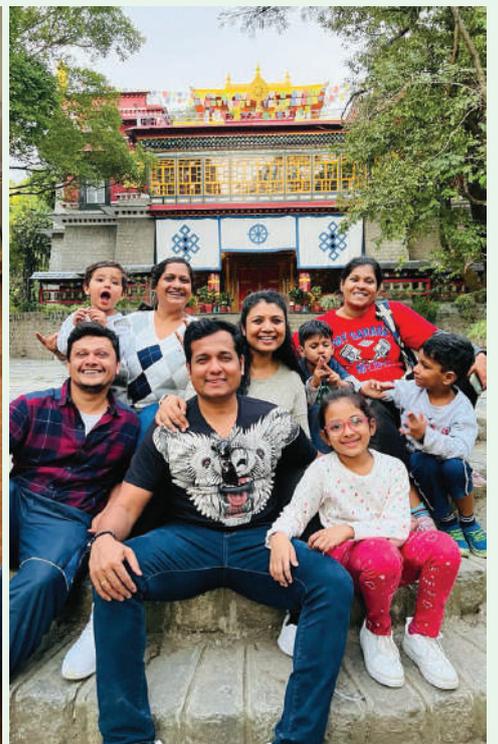
Day 5: Creative Closure & Local Life

- Creative session with local artisans
- Traditional **Himalayan meal in a local home**
- **Surprise activity & special dinner**
- **Closing circle**



Retreat *Highlights*

- Stay in an authentic Himalayan village
- Nature immersion through mindful activities
 - Explore Tibetan & Himachali culture
 - Wholesome, locally sourced food
- Foraging, Sound Bathing, and Creative Sessions
- A transformative experience for families



About *Nimmisha*

A slow traveler, conscious parent, and founder of Nroutes, **Nimmisha** curates mindful travel experiences that blend nature, culture, and personal growth. With a deep passion for holistic living, she believes that travel is a tool for transformation, learning, and meaningful connections..

About *Nroutes*

Nroutes by Nimmisha is a mindful travel and events brand that curates **nature-based** experiences with a focus on sustainable, conscious, and immersive travel. Another offering under 'Nroutes by Nimmisha' is Nroutes Retreats where design and manage retreats for healers and coaches into holistic space.



Pricing (5N/5D)

Category	Price (INR)
Adult	₹35,000
Adult + Child (up to 12 yrs)	₹52,000
Additional Adult with family	₹28,000
Additional Child (above 3 yrs)	₹18,000

- **60%** of the cost covers **curated experiences**
- **30%** goes into **stay and arrangements**
- **10%** supports **Nroutes**
- **If you are keen to join but have budget constraints, let's talk!**



Payment Details

Bank Transfer: HDFC Bank, Kandivali East Branch.
A/C No.: 50200116787159
IFSC: HDFC0000182

Scan:
Image shared on whatsapp

After payment, please fill the registration form.

Cost Includes

- 5-day stay in comfortable homestays
- All meals (Breakfast, Lunch, High Tea, Dinner)
- Internal commuting during the retreat
- All mindfully curated experiences
- ****Taxes ****

Cost Excludes

- Personal travel (Air, Train, Bus, Taxi) to/from retreat venue
- Local travel outside planned itinerary
- Any additional sightseeing or meals not listed
- Breakfast on Day 6 (checkout day)
- Anything not mentioned in the "Included" section



Cancellation Policy

- **100% refund** if canceled **35+ days** before trip
- **70% refund** if canceled **25-35 days** before trip
- **35% refund** if canceled **15-25 days** before trip
- **No refund** if canceled **10 days or less** before trip
- **₹1000 transaction charge** applies post confirmation

Guidance on flights & packing will be shared after confirmation.



Contact Us

 +91 8898956302  @nroutes_mindfultravel_events

Website: www.nroutes.in

 A journey of connection, curiosity, and mindful living awaits! 

Terms & Conditions – Nroutes Mindful Travel & Events

Slow. Mindful. Experiential. These policies protect the integrity of our shared journeys.

Terms & Conditions

Last Updated: February 2026

1. Agreement to Terms

By booking any Nroutes experience (long/short immersive trips, retreats, workshops, Stories on a Plate, or community gatherings), you acknowledge and agree to these Terms & Conditions, our Privacy Policy, and Refund Policy. These form a binding contract between you and Nroutes.

2. Booking & Payment

- A 50% advance payment is required to secure your spot. The remaining 50% must be paid as per dates mentioned by Nroutes while sharing the details.
- Payments can be made via bank transfer, UPI, QR code or Razor Pay (details will be provided upon confirmation)
- Your registration is confirmed only after full payment is received.

3. Unforeseen Situations (Force Majeure)

Nature has its own rhythm. Nroutes cannot be held responsible for cancellations, delays, or changes due to natural calamities (landslides, floods, earthquakes), socio-political unrest, road closures, weather disruptions, pandemics, government restrictions, war, terrorism, strikes, or any circumstances beyond our reasonable control. No compensation or refunds will be provided in such cases.

4. Health & Safety

Your well-being matters deeply. However:

- Participants are responsible for their physical/mental fitness to participate.
- By joining the trip, you confirm that you are physically fit for activities such as hiking, nature walks, and village stays.
- Nroutes is not liable for injuries, illnesses, allergies, medical emergencies, or pre-existing conditions unless caused by our gross negligence.
- Parents/guardians are fully responsible for the safety and well-being of their children during the trip.
- By participating, you consent to emergency medical treatment deemed necessary by qualified practitioners.
- Disclose medical conditions/allergies during booking. We accommodate where possible.
- By registering, participants acknowledge the risks involved in travel, adventure activities, and outdoor stays.

5. Itinerary Flexibility

Mindful travel embraces flow:

- Schedules may change due to weather, road conditions, group needs, local circumstances, or safety.
- Specific sightseeing/activities are weather/road-dependent and may be modified, rescheduled, or skipped entirely.
- We prioritize the journey's spirit over rigid checklists. Your flexibility creates space for deeper experiences.

6. Personal Belongings & Liability

- Keep valuables secure. Nroutes is not responsible for loss, theft, or damage to personal property.
- Participants bear full responsibility for their belongings at homestays, during transit, or free time.

7. Participant Conduct

Respect is the foundation:

- Follow local laws, customs, and our community guidelines.
- No smoking/drinking in vehicles and during the trip. No single-use plastics (bring reusable steel bottles).
- Respect fellow travelers, hosts, nature, and tribal communities.
- Disruptive behavior may result in removal from the trip (at your cost, no refund).
- Damage caused by participants will be charged directly.



8. Photography & Media Consent

By joining, you grant Nroutes permission to photograph/video during experiences for storytelling, marketing, and community sharing. No usage fees apply. Request opt-out during booking.

9. Special Notes for High-Altitude/Remote Trips (Spiti, Kinnaur, Chandratal)

- Raw Destinations: Expect tribal simplicity, no luxury amenities, occasional power/water shortages, challenging roads, no network zones (Kaza-Chandratal-Manali).
- Temperatures: Daytime 20-24°C, nights 8-16°C (pack warm layers).
- Roads: Rough, winding; motion sickness preparation recommended.
- Meals: Breakfast/dinner at planned places only (no packed meals). ONLY Pure Veg/ Jain/ Vegan food served. Special dietary requests will be accommodated as much as possible but cannot be guaranteed.
- Limited Resources: Embrace minimalism as part of the immersion.

10. Driver/Tour Captain

Our experienced driver serves as tour captain, managing all logistics. Follow their guidance for safety.

11. Travel Documents & Insurance

- Valid ID required. International travelers need visas/PAP (Protected Area Permit) where applicable.
- Travel insurance (medical evacuation, trip cancellation, baggage) strongly recommended. Nroutes insurance does not cover personal medical/evacuation costs.

12. Age & Group Composition

- Minimum age: 0 to 60 Years for most trips (infants 2+ for select family journeys).
- Women-only, family, mixed groups as specified. We reserve rights to adjust group composition for safety/harmony.

13. Sustainability Commitment

- Zero single-use plastic policy.
- 70%+ spend supports local communities (homestays, cooks, guides).
- Follow Leave No Trace principles.

14. Governing Law

These terms are governed by Indian law. Disputes resolved amicably or in Mumbai courts.

Refund & Cancellation Policy

Our Commitment:

We understand life's rhythms change. Our policy balances fairness for all.

Cancellation by You

- Cancellation done between 60+ days before the trip: 10% of the Total Package Cost will be deducted (admin fee)
- Cancellation done between 45 - 59 days before the trip: 20% of the Total Package Cost will be deducted
- Cancellation done between 30 - 44 days before the trip: 50% of the Total Package Cost will be deducted
- Cancellation done between 15 - 29 days before the trip: 80% of the Total Package Cost will be deducted
- Cancellation Anytime in Between 0-15 Days to Arrival OR No Show: No Refund & 100% of the Total Package Cost.

Key Points:

- All requests via email (nimmisha@nroutes.in) and whatsapp (+91 8898956302)
- Refunds processed within 15 working days to the original payment method.
- EMI cancellations follow lender terms + admin fee.
- No refunds for unused services, voluntary early departure, medical emergencies, or force majeure.
- Trip Minimum: Trips confirmed at 6 participants. Below this, we may postpone/offer alternatives (full refund if you opt out).



Cancellation by Nroutes:

- Full refund if we cancel (minimum numbers, force majeure).
- Alternate date/partial refund for itinerary changes.

Transfers: Partner/sibling/friend can take your place until 15 days prior (subject to availability).

Privacy Policy

Effective: February 2026

What We Collect:

- Booking Info: Name, contact, dietary needs, medical info (essential only).
- Payment Data: Processed securely via Razorpay (we don't store card details).
- Trip Data: Photos (with consent), feedback for community sharing.

How We Use It:

- Deliver seamless experiences.
- Communicate pre/post-trip (WhatsApp/email).
- Improve offerings via feedback.
- Marketing (opt-out anytime).

Your Rights:

- Access/delete your data anytime.
- Unsubscribe from newsletters.
- No spam—promise.

Security: SSL encryption, secure hosting, minimal retention (post-trip data kept 3 years for records).

Cookies: We use basic analytics (Google Analytics) for site improvement. No tracking pixels.

Contact: privacy@nroutes.in

Liability Disclaimer

At Nroutes, we hold space but cannot control the unpredictable.

Nroutes, its founder (Nimisha Panchal), team, partners, and affiliates:**Are NOT liable for:**

- Personal injury, illness, death (except gross negligence).
- Loss/damage of belongings.
- Trip delays, cancellations, itinerary changes.
- Additional costs from force majeure, alternate arrangements, extended stays.
- Acts/omissions of third parties (drivers, homestays, airlines).

WHAT WE DO provide:

- Reasonable care in curation/logistics.
- Experienced guidance.
- 24/7 emergency support during trips.

By participating, you voluntarily assume all risks and release Nroutes from liability.

Acknowledgment:

"I have read, understood, and accepted these policies. I join with an open heart, ready for a mindful adventure."

At Nroutes, travel is a relationship with nature, communities, and yourself. These policies honor that sacred trust.

Website Usage Terms

- All content © Nroutes 2026. Personal use only.
- No reproduction without permission.
- We reserve rights to update policies (notification via email/site).

